

Meaningful Conversations

Creating meaningful relationships of mutual support



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Solutions happen when you approach people positively (Elos Institute, Oasis Game, Brazil)

Tags:

Social - Communication Skills, Building Community & Embracing Diversity
Whole System - Whole System Design

CHALLENGE

Sometimes we need to create trust and relation in a very short time. How can we engage in a conversation that matters to all of us?

SOLUTION

A meaningful conversation is called by approaches like the Art of Hosting and Oasis Game to the possibility to active listening to what really matters to everyone that is involved in the conversation. How to do that? There are some questions linked to the appreciative gaze (Elos Philosophy) that support us to do it:

- a. connect with a personal moment that is very relevant to you
- b. what made that moment possible?
- c. Imagine the dream that you have for the world that is connected to that moment and share it

REFERENCES

Websites:

Video:

https://www.ted.com/playlists/211/the_art_of_meaningful_conversa

Exercise to be uploaded somewhere in the website:

Game: "The Voluntary and Community" Made by Elos Institute

Game Instructions:

One person assumes the dual role of "volunteer" and the other assumes the role of "Community".

- 1) Community shares the best time of your life and Voluntary hear.
- 2) Community shares the values present at that time and Volunteer hear.
- 3) Community shares the dream world and the best Volunteer hear.
- 4) The volunteer has an appreciative feedback on everything you've heard, with an emphasis on what connects with your values and dreams.
(emphasis in what is common between them).

Reflection and Harvest:

Harvest in a circle with all participants at least three people say.

Speech Reflection Facilitator:

"How was the body of you in this conversation? When you talk about something that was precious to you, your body heats up, this feels ...

If you take the time to listen, to talk about deepest values, their dreams is something that connects.

This exercise demonstrates some of what we do there, we're not going to help a poor, poor thing, we are going to meet with people who often share the same values as you.

In one slum, 99% of people are honest, work, takes care of his family ... only 1% is marginal"

Submitted by

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