

## **Participant Facilitation**

Group members can also support the formal facilitation



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*Effective group facilitation is an artful dance requiring rigorous discipline. The role of the facilitator offers an opportunity to dance with life on the edge of the sword, to be present and aware, to be with and for people in a way that cuts through to what enhances and facilitates life. A facilitator is a peaceful warrior.”*

*Hunter, Bailey & Taylor*

Tag: Social. Communication Skills; Facilitation

### Challenge:

Sometimes groups processes are not as satisfying and effective they could be. Problems like poor communication, internal competition, lack of clarity or poor decision making processes are often present in the running groups. On the other hand, sometimes group processes seem to be magical, resulting in a great connection among the members, good quality decisions made and a transformation of conflict into consensus. How can we contribute to a satisfying and effective group process?

### Solution:

We need to put in practice the facilitation skills we have access to when we are participating in groups. We can serve the group process effectively by listening to every voice carefully, expressing ourselves clearly using the techniques of a non violent communication approach, by being focused on the topic, by asking the right questions in the right moment and building trust.

### References:

<http://www.processwork.org/files/Finalprojects/Burkhardt-Missing%20Facilitator.pdf>  
[http://www.processwork.org/files/Finalprojects/Moving%20in%20the%20Interstices\\_2009.pdf](http://www.processwork.org/files/Finalprojects/Moving%20in%20the%20Interstices_2009.pdf)

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