

Presencing

The movement of letting go, listening into the silence and letting come



<https://pixabay.com/en/drops-of-water-water-nature-liquid-578897/>

"The success of an intervention depends on the interior condition of the intervener" Bill O'Brien

Tags Social - Leadership and Empowerment
Whole System

Challenge

Often we live our day to day actions and interventions informed by past experiences, thoughts and patterns as well as the culture belief systems, in which we have been grown up and got educated in.

How can we be present and allow our actions to be lead by the current needs of a particular system rather than personal re-actions or possible projections onto the future. How can we open our mind, heart and will and hear the present and emerging future ? How can we create within ourselves a space of deep connection that enables us to listen through the different "small" voices ?

Solution

Presencing, described as a stage within the Theory U Process as well as other contemplative methods, is the capacity to connect to the deepest source of self, which allows the future to emerge from the whole rather than from a smaller part or a special interest group.

Danish sculptor and management consultant Erik Lemcke describes his experience of this process as follows: "After having worked with a particular sculpture for some time, there comes a certain moment when things are changing. When this moment of change comes, it is no longer me, alone, who is creating. I feel connected to something far deeper and my hands are co-creating with this power. At the same time, I feel that I am being filled with love and care as my perception is widening. I sense things in another way. It is a love for the world and for what is coming. I then intuitively know what I must do. My hands know if I must add or remove something. My hands know how the form should manifest."

References

Website: www.presencing.com/principles
www.josephjaworski.com

Books:

"Source" and "Synchronicity" by Joseph Jaworski

Presence: Human Purpose and the Field of the Future Paperback by Peter M. Senge, Otto Scharmer, Joseph Jaworski, Betty Sue Flowers

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