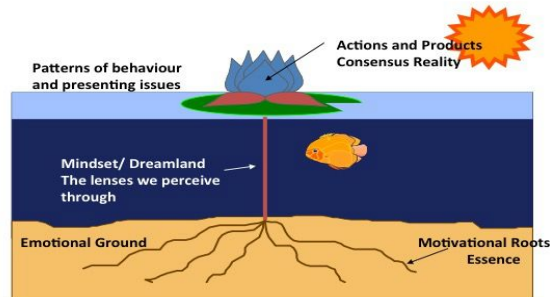


Process Work Framework

A multi-dimensional framework and set of tools that highlights the importance of inner work and in-depth awareness in the facilitation of social change.

Multi dimensional Framework



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“Thus the process-oriented approach is interesting because you must reverse your normal mode of consciousness, or, to use a metaphor, you need to ride a horse backwards.” Arnold Mindell

Tag: Social. Process Work; Building Community & Embracing Diversity

Challenge:

Conflicts and problems are often unresolved due to a confusion of levels of experience. The presenting issue or Consensus Reality is only the visible component. The atmosphere, non-verbal communication signals and rank dynamics that organise these must be addressed if a felt sense of long-term change is sought after.

Solution:

The framework and tools of Process Work facilitates deeper understanding in a wide range of human experience. It does this by tracking communication signals, somatic experiences and synchronicities until their meaning is revealed. It provides tools that allow us to unfold the embedded meaning in unintentional communication signals, facilitating in-depth social change processes, informed by enhanced awareness.

Process Work also addresses the social, psychological and contextual influence of the dynamics of rank, power and privilege which, inform levels of self-confidence and empowerment, as well as the ability to connect with one’s own basic direction or passion for life; the ability to communicate clearly, relate effectively with others and take action in the world.

References:

http://en.wikipedia.org/wiki/Process-oriented_psychology

<http://www.processwork.org>

<http://www.aamindell.net/>

Submitted by Atekio