

Art

Art is a diverse range of human activities in creating visual, auditory or performing artworks.



Image: <https://pixabay.com/en/woman-sitting-rose-clown-theater-2855742/>

“Art and love are the same thing: It’s the process of seeing yourself in things that are not you.” Chuck Klosterman

Tag: self-expression

Challenge:

Self-expression is the taking of an internal impulse--a personal vision--and through self-awareness putting it into external form. Writing, acting, painting, dancing, sculpting, film-making, singing, these are the wings upon which artists have flown from time immemorial.

Solution:

Throughout history, we humans have used art to express ourselves. We create art not only to represent and beautify our world, but also as a means of understanding and sharing who we are in our world. Through creative self-expression, we grow in self-awareness, generate insights, resolve problems, and enhance our overall well-being.

Motivated purposes of art refer to intentional, conscious actions on the part of the artists or creator. These may be to bring about political change, to comment on an aspect of society, to convey a specific emotion or mood, to address personal psychology, to illustrate another discipline, to (with commercial arts) sell a product, or simply as a form of communication.

Reference:

<https://en.wikipedia.org/wiki/Art>

<http://lumina.typepad.com/luminalogue/2008/03/tips-for-offeri.html>

Submitted by Romania in Transition Association A.R.T

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