

Deep Democracy

An attitude that focuses on the awareness of voices that are both central and marginal.



Image: <https://pixabay.com/en/heart-earphones-object-listen-1187266/>

"The most fundamental forum is your own heart. Both as a facilitator and as a human being, you must learn to hear yourself there." Arnold Mindell

Tag: organizational change

Challenge:

The importance of developing awareness of and appreciation for all levels of experience. Majorities cannot sustainably rule over minorities, but need to build dialogue with them, or that democracy must also include a feeling level to be sustainable.

Solution:

Developing openness towards the views of other people and groups. Embracing emotions and personal experiences that are most often excluded from conflict and rational public discourse

Reference:

https://en.wikipedia.org/wiki/Process-oriented_psychology

<http://www.deepdemocracyinstitute.org/deep-democracy-explained.html>

Submitted by Romania in Transition Association A.R.T