

Singing

Anyone who is singing is a singer.



Image: <https://pixabay.com/en/birds-swifts-singing-twitter-music-2672101/>

“Some days there won’t be a song in your heart. Sing anyway.” Emory Austin

Tag: self-expression

Challenge:

Singing is a skill that requires highly developed muscle reflexes. Singing does not require much muscle strength but it does require a high degree of muscle coordination.

Solution:

Creating music together evolved as a tool of social living. Groups and tribes sang and danced together to build loyalty, transmit vital information and ward off enemies.

Reference:

<https://en.wikipedia.org/wiki/Singing>

<http://upliftconnect.com/neuroscience-of-singing/>

Submitted by Romania in Transition Association A.R.T